



# 1<sup>st</sup> International Symposium on **Kiwifruit and Health**

TAURANGA, NEW ZEALAND / 12-14<sup>th</sup> April 2016

## TUESDAY 12<sup>th</sup> APRIL 2016

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**16:00 - 20:30** Registration and welcome reception

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## WEDNESDAY 13<sup>th</sup> APRIL 2016

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**08:30 - 09:00** Opening session

*Prof. Paul Moughan – Co-director, Riddet Institute, New Zealand*

*Dr Véronique Parmentier and Dr Juliet Ansell – Zespri Kiwifruit and Health*

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**09:00 - 10:00** Keynote presentation 1

**Fruits and vegetables in a healthy diet**

*Prof. Jaap Seidell, VU University Amsterdam, The Netherlands*

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**10:00 - 10:30** Coffee break

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**10:30 - 11:30** Keynote presentation 2

**Everyday good health: The nutrient rich way**

*Lynley Drummond, Director at Drummond Food Science Advisory, New Zealand*

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**11:30 - 12:30** Lunch

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**12:30 - 14:30** Session 1: **Kiwifruit and digestive health**

*Chaired by Prof. Shin Fukudo, Tohoku University, Japan*

*Co-chaired by Dr Abby Thompson, Massey University, New Zealand*

**Functional gastrointestinal disorders and the role of diet**

*Prof. Giovanni Barbara, University of Bologna, Italy*

**A multi-center clinical trial on the effect of kiwifruit on digestive and gut health functions**

*Prof. Richard Garry, University of Otago, New Zealand*

**Kiwifruit and digestive comfort: *In vitro* and *in vivo* supporting evidence**

*Dr Carlene Starck, Riddet Institute, New Zealand*

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**14:30 - 15:00** Coffee break

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**15:00 - 16:00** Roundtable discussion on digestive health

*Prof. Giovanni Barbara, University of Bologna, Italy*

*Prof. Shin Fukudo, Tohoku University, Japan*

*Prof. Richard Garry, University of Otago, New Zealand*

*Basil Mathioudakis, Former Head of Unit of the Directorate General on Health of the European Commission, Belgium*

*Prof. David Richardson, Visiting Professor, University of Reading, United Kingdom*

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**16:00 - 18:30** Free time

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**18:30 - 22:00** Dinner hosted by Zespri Kiwifruit

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## THURSDAY 14<sup>th</sup> APRIL 2016

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### **08:30 - 10:00** Session 2: Kiwifruit and vitamin C

*Chaired by Dr Chwang Leh-chii, Asian Federation of Dietetic Associations, Taiwan*

*Co-chaired by Lynley Drummond, Director at Drummond Food Science Advisory, New Zealand*

#### **Overview of the health benefits of vitamin C**

*Prof. Margreet Vissers, University of Otago, New Zealand*

#### **Health and immune function benefits of kiwifruit-derived vitamin C**

*Dr Anitra Carr, University of Otago, New Zealand*

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### **10:00 - 10:30** Roundtable discussion on vitamin C

*Dr Anitra Carr, University of Otago, New Zealand*

*Lynley Drummond, Director at Drummond Food Science Advisory, New Zealand*

*Prof. Margreet Vissers, University of Otago, New Zealand*

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### **10:30 - 11:00** Coffee break

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### **11:00 - 12:30** Session 3: Kiwifruit and metabolic health

*Chaired by Dr Jordi Serra, Autonomous University of Barcelona, Spain*

*Co-chaired by Dr Rinki Murphy, University of Auckland, New Zealand*

#### **Diet, microbiota and metabolic health**

*Renée Wilson, University of Otago, New Zealand*

#### **Kiwifruit – A double agent for glycaemic control and nutrient enhancement**

*Dr John Monro, The New Zealand Institute for Plant & Food Research, New Zealand*

#### **Kiwifruit-driven microbiota, metabolites and implications for human health**

*Dr Paul Blatchford, The New Zealand Institute for Plant & Food Research, New Zealand*

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### **12:30 - 13:00** Roundtable discussion on the benefits of kiwifruit for metabolic health

*Dr John Monro, The New Zealand Institute for Plant & Food Research, New Zealand*

*Dr Rinki Murphy, University of Auckland, New Zealand*

*Prof. Jaap Seidell, VU University Amsterdam, The Netherlands*

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### **13:00 - 13:15** Closing session

*Carol Ward, General Manager Marketing & Innovation, Zespri Kiwifruit*

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### **13:15 - 14:00** Lunch

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### **14:00 - 16:30** Plant & Food Research and orchard visit

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